

# Newsletter October 2025

This month join us at our

**Monthly Open Meeting** 

on

**Tuesday 7th October** 

10.00 am-12 noon at
The Arena
Ilkeston

Our Speaker this month is

Robert Mee with his presentation on

"THE EALING COMEDIES"

Everyone of a certain age will remember these classic films

Refreshments available

### Inside this issue:

- Letter from the Chair, p.2
- How would you prepare for an emergency? P.3
- Group Leaders needed, p.3
- · Beeston u3a Ceilidh, p.4
- Interest Groups round-up
- · What you wanted to share, p.11

# Coming soon to our Open Meetings

4th November: "A brief history of hospitals in Ilkeston and the charities supporting them", by Steven Schmidt

1st Dec: "BoardingSchools for girls in Vicorian Derbyshire" by Liz Keeley. Where were they, what were they like and who went to them? Historical detective work with photos and documents.

6th January: "Experiencing Africa" by Paul Sturges. After accepting an invitation to teach at the University of Botswana, Paul spent many years travelling Africa.

### \*\*\* IMPORTANT \*\*\*

Please note: All those attending the monthly meetings must sign in at either of the two desks at the entrance to the meeting half of The Arena. This is necessary so that we know how many have attended and, even more important, it is required to comply with fire regulations. If you arrive early, before the signing-in sheet is available, please make sure you return to the desk later to sign in

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### A Few Words from the Chair



### Hello Members,

So Autumn has arrived!! While appreciating that in some circles Autumn begins on 1st September, as it is now 24th September I can confidently say (now it is beyond the 22nd) that Autumn has arrived!

We had a very good and entertaining talk at Open Meeting in September about the 'Magnificent 7', and in October we have a talk on 'The Ealing Comedies', and this certainly should be another entertaining talk on the 7th October.

We have received an invitation from the Beeston u3a to join them at their Ceilidh on the 11th October—see the advert later in the Newsletter for details and how to book.

News from National u3a is that Sheila Crawley has been elected as Vice Chair of the Trust. She is local and is the Chair of Ashbourne u3a. I am sure that you would like to join the committee in passing on our congratulations.

It seems very early but it will arrive very quickly! Would you be interested in serving on the committee next year? Would you be interested in taking up a specific post on the committee? Just have a word with any member of the committee to find out more details

I look forward to seeing many of you at Open Meeting.

#### **Andrew Davies**

# How would you PREPARE for an emergency?



Emergencies such as flooding, fires and power cuts can affect us all. There are simple and effective steps you can take to be more prepared.

If an emergency did happen in your area, how would you manage? What about your relatives, friends, neighbours or colleagues – do you know anyone who might need some extra help or support?

The information on this site is designed to help you <u>prepare for emergencies</u>, <u>be more informed about hazards</u>, and <u>get involved in activities to support your community</u> before, during and after an emergency. There is also <u>specific advice</u> for disabled persons and carers.

Taking action now will make it easier to manage if an emergency does happen.

For simple and effective steps visit: https://prepare.campaign.gov.uk

# **Group Leaders needed**

U3a groups are desperately seeking group leaders for various interest groups. Most groups only meet once a month, so it is not a full time commitment. However, some groups will not be able to continue without a new leader.

If you would like to help and can spare a few hours a month, please contact me—Lynne Thorpe, Interest Groups Coordinator—on 07910 136 536 for a chat.

New interest groups are always needed too. If you have an idea for a new group, please let me know.

Thank you,

**Lynne Thorpe** 

### Beeston u3a Ceilidh

#### **GREETINGS FROM BEESTON u3a**

We have a few places left to fill for our Beeston u3a Ceilidh in October so we are inviting interest from our cluster groups.

All the info is below, I'd be very grateful if you could distribute to anyone who might be interested.

Grab your partners and get ready to dance the night away!

Date: Saturday 11th October at Chilwell Memorial Hall, NG9 4AT.

Doors open: 6.30pm

7pm-8pm: Dancing

8pm—8.45pm: Fish & chips

8.45pm—9.45pm: more dancing!

Bring your own bottle (and glasses)

Karen Attwood

Beeston u3a Publicity Officer

# Definitely not Rocket Science



How many men does I take to sort out the TV?

**Marian Stopper** 

Rambling Clearly someone forgot to order our usual fine weather for the day of our ramble in September because it was the wettest we have ever had. Even before I got out of bed I could hear from the swishing of the car tyres on the road outside our house, that it would have been better to just turn over and go back to sleep. Instead, I stoically arose and, with a huge sigh, dug out my waterproofs.

Our leader was Richard A, who was not phased by the rain, and we set off from the Sitwell Arms in Horsley Woodhouse on a walk of just over 5 miles, around Coxbench, Horsley Castle, and Horsley. We had done the work before, but Richard (having done the pilot walk on a beautiful day) had investigated much more of the castle area than we had before, and





despite the wet, slippery paths this was much appreciated by us all. Much of the land has been quarried, leaving very little of the ruins. But in the 12th century the castle was important and royalty came to visit and hunt there.



There was a deep puddle at the approach to this stile, so we had to side step along the very handy fence! Eventually the rain did ease off. Despite my trusty waterproofs, it had already penetrated my coat, trousers and gloves, as well as my boots and rucksack. (That's Colin on the right by the way.) Happy days!



**Janis Henshaw** 

**Craft** This month we have been enjoying doing Spirelli cards. An idea suggested by Ann and Gillian. They are made using precut shapes and thread. Many different designs can be achieved by the distance of spaces when winding the thread. Because of this there are varied results as can be seen by the pictures.



















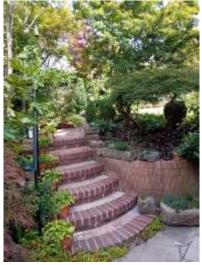
Also included is a late picture of a Silk painted Sun catcher.

Barbara Deb and Val

### Garden Group

**AUGUST:** For the August meeting we visited the garden of Jackie and Keith in West Hallam. Although not a large garden it is very well maintained and has a number of unusual plants. They have lived at the house for 37 years and over the years have











nurtured the garden to house their love of plants and gardening. This has certainly been successful with the variety of planting that they have. Although not open for the NGS we contributed to a charity which Jackie supports which I believe is connected with young people's mental health. After looking around the garden we were treated to very nice cakes and coffee on the patio – always a good way to end a meeting!







**GARDEN GROUP—SEPTEMBER:** For the September meeting we had a return visit from Jeff Bates. This time he helped with queries on **Garden Pests and Diseases** and members were asked to bring along any problem they might have on this subject for Jeff to hopefully help with. Well I think he certainly fulfilled that expectation! He broke it down to **Disorder** when plants are not performing as they should be.

**Pests—**which categorise into vine weevil/beetles, aphids, caterpillars, red spider mite, slugs/ snails, pigeons/rabbits. However *beetles* feed on slugs/pests and are mostly considered to be good whereas *weevils* are bad. *Aphids* mate in the Autumn and carry eggs and in less than 3 weeks they develop from baby (nymphs) into adults. *Caterpillars* develop from larva, pupa, adult in half a day. *Daddy long legs* lay eggs in lawns and cause damage at that stage so finding them in the home and catching them is too late; the damage is already done. *Slugs/snails* – molluscs – there are some rare snails and it is thought it is not worth killing them. Apparently the use of salt (which is toxic) will poison the garden. After eating half a grapefruit put that in the garden and they will congregate under it. *Pigeons/rabbits* are considered a nuisance rather than a pest.

Jeff had brought along examples of problems he has experienced in his garden and advised that box blight has been proven to be eradicated by the use of Diatomaceous Earth which is similar to Fullers Earth and made specifically for plants. It can be obtained on the internet. Although it has also proved successful by hard pruning the box and it has come back perfectly. Cabbage grey aphid, which affects brassicas, can be treated by adding washing up liquid to an insecticide as this breaks down the wax on the aphid. SV Plant Invigorator which is a seaweed derivative can be used as a pick me up for plants and also keeps away pests/diseases. Apples can suffer with Scab but this doesn't damage the fruit beneath. Also with apples the codling moth lays eggs into the open flower and causes damage which is often thought to be by birds/ wasps.

**Diseases**—Powdery mildew, canker, apple scab, black spot, downy mildew are in the fungal category and occur in Summer during hot/dry weather. Bacteria problems are rare in plants (apple blight being common) and if plants have viral problems there is no cure.

He advised that oak trees can suffer with *processionary moth* and it has to be reported as it is lethal to humans and needs to be eradicated 100% by professionals.

If variegated plants suffer with reversion (revert back to non variegated shoots) it needs to be cut out.

It was a very informative session and I hope I have at least captured something of the content.

**Barbara Bailey** 

**Knit & Stitch** The Knit and Stitch group has a couple of spaces if anyone is interested. We all bring our own project's, whatever anyone is working on at that time.

We do not have any tuition but we do have a number of lovely ladies who I am sure would help out if you are stuck on something specific. We are tempted to have a toy making section of this group, sewn, knitted or crocheted, it doesn't matter. I have included a few pictures to give you an idea.







The menagerie of knitted animals have been made by Val Buxton and will be sold for charity later in the year.

Uma the elephant has been made by myself and is the latest animal from Coolcrafting. She is part machine, and part hand made, but could be all made by hand.

Marian has started her Christmas makes early with her embroidered reindeer.

We meet at 2pm on the 4th Tuesday at the Fire Station, please get in touch if you are interested in joining us.

Jenny Whittaker

# Patchwork & Quilting

We have a number of assorted makes for you to admire this month, starting with some adorable snuggles made by Wanda. She has also made some clothes for charity from some off cuts of Jersey. I am sure any child would

love to wear them.







#### Patchwork & Quilting continued







Kathy has made a really professional wall hanging, a bag and a block for her quilt.



Marian has made a block (left) that she is going to turn into a cushion. I think it gives a lovely 3D effect.



Christine had completed a number of blocks (above) and sewn them all together ready for Quilting. She has also made a lap quilt (right) from foundation paper piecing which is very striking. I would love to make one of these.

Val has completed some more blocks towards her quilt as well as knitting all those animals!





I have made a relatively simple quilt for my 17yr old grandson. At that age I figured he did not want anything too fussy and the thanks I got just proved I was correct. I have also

made a few more blocks. There should have been 5 but I was not happy with the English paper pieced one!

I hope you are enjoying looking at the photos of our makes each month as much as we enjoy making them.

Jenny Whittaker

# What you Wanted to Share

# Eighty Years Ago By Janet Reeve

Dashing airmen, gum chewing Yanks, Young, fresh-faced Gls all driving tanks. Over in England supporting our guys, Bringing chocolates and nylons and other great buys!

Wooing the girls at Saturday night dances, Bopping and boogying, soon starting romances,

Romances they knew weren't meant to last, They'd move back, back to their past, Back to their wives, waiting back home, Living in a safe, un-bombed American zone.

But what of the young girls left here in Blighty?

Those who'd been rash, been a bit flighty? Gone too far with their dashing young fellas, Sheilas, Joans, Margarets, Lizzies, and Stellas.

Finding with horror a baby was pending, Messages and letters to the barracks were sending.

But their young soldier'd given a false name. These naïve girls' lives wouldn't ever be the same.

Not daring to tell, but beginning to show, Soon their mothers would see, fathers would know.

Knowing no way they'd be able to marry,

No way in their close communities to tarry. Tongues would wag, fingers be pointed, Sent away, no babies heads anointed. Sent away to have their baby alone With strangers, in a place where they weren't known.

What went on in those poor girls' minds?
Why was the world so unfair, so unkind?
They'd carry this baby for nine months long,
Sing to the unborn foetus a lullaby song.
Feel it kicking, punching, moving around,
Feel it moving, moving but making no sound.
When the time came this precious part of her

Would be wrenched away, she'd have no say

In what would become of her baby so dear. Her baby, but NOT her baby, it'd been made very clear.

It'd be given away, given to a couple, A couple who'd no child of their own. She'd never be told where her baby had gone.

Encouraged to forget her daughter or son. But how COULD she forget? It was part of her soul.

Without this flesh of her flesh she'd never be whole.

Many memories coming to the fore in this 80th year after the ending of the 2<sup>nd</sup> World War.

Janet x